

**Toastmasters Timer Sheet****Date:****Speech #1 (5-7 minutes)**

5 min. = Green  
 6 min. = Yellow  
 7 min. = Red

Name:

Time:

**Evaluator #1 (1-2 minutes)**

1 min. = Green  
 1 min. 30 sec. = Yellow  
 2 min. = Red

Name:

Time:

**Speech #2 (5-7 minutes)**

5 min. = Green  
 6 min. = Yellow  
 7 min. = Red

Name:

Time:

**Evaluator #2 (1-2 minutes)**

1 min. = Green  
 1 min. 30 sec. = Yellow  
 2 min. = Red

Name:

Time:

**Table Topics (45 sec-1min 15sec)**

45 sec. = Green  
 1 min. = Yellow  
 1 min. 15 sec. = Red

Name:

Time:

Name:

Time:

Name:

Time:

Name:

Time:

Name:

Time:

Name:

Time:

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Time:

Name:

Time:

Name:

Time:

Name:

Time: