



Club Officers

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Sergeant-at-Arms:

Arancha Sanchez

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Upcoming Events

October 24th 5:30pm-?? Spooky Speeches at Fiesta Island

Give any manual speech you'd like, but make it a ghost/scary story. We'll have a bonfire with hot dogs, marshmallows, potluck, etc. Family and friends are invited. Zombie hunt included, but no weapons provided. See Kathy Sp for details.

November 1st 7:30am-4pm District 5's LACE

Leadership and Communication Experience

This is a fantastic conference for all San Diego Toastmasters, featuring two keynote speakers, and two educational sessions. Each session offers many choices of speaking or leadership classes. Breakfast and lunch are included, along with an improv session from the National Comedy Theatre, all for \$35 if you register before October 15th with the promo code "ROCK". Cost at the door is \$99. This is a great chance to meet other San Diego Toastmasters, and to learn from the best. Don't miss out!

Toastmaster of the Year

Our SOS club has engaged in an intra-club competition to determine the most active Toastmaster in our club. YOU can earn points for actively participating in club activities. For example;

Attend Meeting **+5 points**

Perform Functionary Role **+10 points**; Last Minute Stand in **+10 points**

Double Duty of Functionary Role **+20 points**; Last Minute Stand in **+10 points**

Give a Speech **+20 points**; Last Minute Speech fill-in **+20 points**

Take part in Table Topics **+5 points**; Volunteer for Table Topics **+5 points**

Become an Officer **+50 points**

Bring a Guest **+25 points** (only for first visit); If Guest Joins Club **+50 points**

Help with an External Duty **+10 points /duty**

This contest runs from October 1st, 2014 -March 31st, 2015, then resets for the next 6-month Toastmasters term. The winner receives their NEXT TOASTMASTERS TERM FOR FREE!! (\$48 value).

Andrew and Arancha have the details for this program. The officers will be keeping track of points, using forms from each meeting's Timer and Toastmaster. Make sure you sign in on the meeting attendance sheet every time. Updated score leaders will be listed in our newsletter and on the webpage <http://sostoastmasters.com>.

Congratulations
Joyce on earning
your Competent
Communicator
Award!

Congratulations
Jonathan on
earning your
Advanced Leader
Bronze Award!

September Member of the Month – Terri Jones

September's SOS Member of the Month was chosen for leading the organization of our Open House.

During her first year of membership, Terry is one of the most active members of the club. Last June, Terry led the organization of the Open House. It was a successful event with more than 20 guests! We are very lucky to have such a committed member in our club. Thanks so much for pitching in, without a self-reward, and doing it in an exemplary manner!

October Member of the Month – Jonathan Lockner

October's SOS Member of the Month was chosen for stepping up to volunteer.

Jonathan volunteered to give a last minute talk on October 1st and his talk was excellent. This speech was his last requirement to earn his Advanced Leader Bronze award. Thanks so much for stepping in at the last minute, and doing it so well!

Meet Olga Tapia Martinez



Date joined SOS: Late August 2014

Hometown: Santander (SPAIN)

How long have you been in San Diego? 2 years and 5 months

Whose lab are you in? The Gerace Lab

What do you like to do for fun? Go to the beach is all I need for a great weekend

What is your favorite food? Italian food

What is your guilty pleasure: Starbucks Frappuccino with an almond cake (... mmmmmm so good!)

What is something about you we might not know? I love cold, snow and rainy days :)

What do you like about Toastmasters, and why do you continue? It's a great place to get the feedback I need to improve my speech and to lose fear to talk in public.