# **SOS Toastmasters**

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## **Goal Setting for 2015**

It's that time of year! It's the time when we all reflect on our past and set goals for the future. It's become tradition to set resolutions for the New Year. Lose weight? Stop procrastinating? Be more organized? Did you remember to include Toastmasters in your goal-setting?

What do you want to accomplish this year in SOS Toastmasters? Let's set an even shorter goal...what can you achieve by June 30<sup>th</sup>, the end of this Toastmasters' term? How many speeches would you like to fit in? How about completing your CL manual? Are you close to an award? Do you need more encouragement to volunteer for Table Topics responses?

Your officer team is here to serve you. Let Kathy Sp know if you want more/less speeches scheduled. Also let her know if you need specific meeting functionary roles for your CL manual.

The club is always looking for volunteers to be more involved in the organization. There will be upcoming opportunities to help with speech contests, both at the club and area level. Not to mention, would you like to present a speech for the contest? How about participate in the Table Topics contest? We'll also have some membership building opportunities, where we need to showcase how wonderful our club is. Nearby clubs are forming soon, and could use our support in their initial demo meeting and launch meetings. There are so many chances to take your Toastmasters experience to the next level by networking with members outside of our own special club. Happy 2015!

### **Toastmaster of the Year Standings**

Our Toastmaster of the Year contest is almost halfway through. There is still time to earn points by performing a meeting functionary duty, step in at the last minute for a role, or volunteer to answer Table Topics. Our current standings are:

Kathy Sp 420 Diana 360 Daniel 300 Arancha and Andreia with 270 **Jintang** 260 250 Dragos Andrew 230 Lyn'Al 225 Joyce 205 Terri 200

Get involved and shake up the standings!

Do you have an idea for a newsletter article? Please consider submitting any appropriate topic for an upcoming newsletter. If you write it up, you will receive CL credit for project #6. Let Kathy Sp know!



# December Member of the Month – Lee Hyeoncheol

December's SOS Member of the Month was chosen for his entertaining style with Table Topics.

Lee has gained a reputation in our club for his ever creative and always challenging Table Topics themes. He never seems to lack the whimsical and unique topics, and members look forward to participating when Lee is leading them in think-on-your-feet training. Thanks Lee!

#### **Upcoming Events**

**Toastmasters Leadership Institute** – Saturday, January 10<sup>th</sup> 8am-3pm, San Diego County Office of Education. Classroom sessions on many topics.

**GNF Toastmasters Demo Meeting** – Friday, February 6<sup>th</sup>, 12 noon. Our neighbors across the street are forming a new Toastmasters club. We need volunteers to help at this meeting (assist newcomer with Timer, Ah/Uh counter, and Grammarian roles), General Evaluator, Speech Evaluator, and an IceBreaker speech (although this could count for any of your speech goals). We also need a strong presence to help get this club off the ground. It's an energetic celebratory occasion, and a fun time to see how a new club gets started from scratch. See Kathy Sp for more details.

**Club Speech Contest** – Friday, February 20<sup>th</sup> at 5:30pm (Happy Hour!). If you would like to present a speech in this contest (any topic, any theme), let Diana or Kathy Sp know. Minimum qualifications are 6 CC speeches given. We'll also have Table Topics contest (no minimum membership or speeches required). The question will be easy, and the best respondent will proceed to the Area contest.

**Area 17 Speech Contest** – Saturday, March 14<sup>th</sup>. Winners from our club Speech and Table Topics contest will represent SOS Toastmasters at the Area 17 contest. We will also need contest functionaries (Toastmaster, timer, judges, ballot counters, registration attendants, opportunity drawing master). Winners of this speech contest will represent Area 17 at the Western Division contest, sometime in April.

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