



Club Officers

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5 for 5 Challenge Completed!

We did it! Our club successfully completed the District's 5 for 5 Challenge before April 15th. For this, we earn 5 free Spring Conference registrations (\$325!). Way to go!

- 1) Add 5 new members Feb-March. Thanks to Baohu, Qianghui, Elana, Ana, Alex, and Myhang, we met this goal.
- 2) Achieve Distinguished Club Status – we've completed 9 of 10 goals for this, and the 10th is scheduled.
- 3) 5 club members help the District. We had several members help with the GNF new club – Jonathan, Joyce, Lyn'Al, Dragos, Kathy Sp, Diana.
- 4) Hold an Open House with at least 5 guests – we had 13!
- 5) 5 members volunteer to help with a speech contests – thanks to Terri, Joyce, Jintang, Julie, and Kathy Sp.

Right now, there is only one other club in the District that has completed this challenge. SOS Toastmasters Rocks!

Talk Up Toastmasters!

We earned the Talk-Up Toastmasters award for adding 5 members in February and March. Thanks to Baohu, Qianghui, Elana, Alex, Myhang, and Ana, we've earned \$25 in ToastBucks to spend on club supplies. We also earned \$20 in Toastbucks for hosting an Open House in March. AND we earned a Founder's Award ribbon for our banner, for supporting the GNF Toastmasters Club.

Congratulations!

Way to go **Diana**, on winning the Area 17 Table Topics contest!



Congratulations Lee on earning your Competent Communicator Award!

Upcoming Events

Western Division Contest - Saturday, April 18th 8:30am, AMN Healthcare. Come cheer on Diana as she represents Area 17 at the Table Topics contest!

District 5 Spring Conference – Friday/Saturday, May 8-9. Finals of the Table Topics contest, and District qualification round for the International Speech contest. Check out the flyer: <https://docs.google.com/file/d/0B7cVpqd5PQKZV01IT0FCbldvbWc/edit?pli=1>. Please let Daniel know if you are interested in attending. Kathy Sp could use help Friday evening at the credentials desk for the free business meeting.



Get to know Julie Kim

Name: Ju-Young Kim in Korean, but I prefer to be called by Julie.

Date joined SOS: September 3th, 2014

Hometown: Seoul

How long have you been in San Diego? 7 month

Whose lab are you in/where do you work? I am working with Dr. Steinhubl at Scripps Translational Science Institute.

What do you like to do for fun? Go riding a thrilling roller coaster.

What is your favorite food? All kinds of noodles especially Ramen, which could be linked to heart disease and metabolic syndrome.

What is your guilty pleasure? Sometimes I eat my favorite food.

What is something about you we might not know? I can dance "Gangnam style".

What do you like about Toastmasters, and why do you continue? At first, I wanted to improve my English, and now I go to meet awesome people and learn REAL communication skill.

Get to know Shauna Bennett



Date joined SOS: November 2014

Hometown: Sugarloaf, PA

How long have you been in San Diego? About 8 months

Whose lab are you in/where do you work? Glen Nemerow's lab in Immunology/Microbial Sciences

What do you like to do for fun? Painting and Muay Thai (I just started)

What is your favorite food? Variations of sugar

What is your guilty pleasure? Laying in the sun

What is something about you we might not know? I am also trying to improve my written communication skills through my blog, membranepenetration.wordpress.com

What do you like about Toastmasters, and why do you continue? I love the supportive environment and the chance to make myself a better communicator!